

Diabetes Review Course for Health Care Professionals

Tuition:

3 Days program –

Early Bird:

Paid by 04/01/12 - \$350.00

Regular:

Paid by 04/15/12 - \$400.00

Late Payment:

After 04/15/12 - \$450.00

Student (with ID):

Early Bird:

Paid by 04/01/12 - \$175.00

Regular:

Paid by 04/15/12 - \$200.00

Late Payment:

After 04/15/12 - \$225.00

Guests: \$100.00

Alumni

Paid by 04/10/12 - \$60.00

After 04/10/12 - \$90.00

New Manual - \$25.00

BCDA

*“The Broward County
Dietetic Association, Inc. endorses all
DRDW, Inc. educational programs as
outstanding learning opportunities.”*

FACULTY

Deb Urquhart, MS, NP, CDE

Deb became a diabetes nurse in the early 1980s and was one of the first educators to take the Certified Diabetes Educator's exam in 1985. She has worked in the inpatient hospital setting, outpatient clinic, summer camps and schools providing education for children and adults with diabetes. Her experiences include setting up diabetes education programs, training nursing and medical students, and providing medical management for patients with diabetes.

She has worked in New England and South Florida and recently traveled to Africa exploring how diabetes affects different populations. Deb's vast knowledge and experience in endocrinology and internal medicine and her interactive teaching methods allow the student to learn the dynamics of diabetes in an interesting and entertaining way.

Deb received her Masters in Nursing from Simmons College in Boston, Massachusetts and is presently a nurse practitioner and nurse manager at Boston Medical Center in the Endocrine, Diabetes and Nutrition Center.

Ruth Toiba, PhD, RD/LDN, CDE

Dr. Ruth Toiba is a registered and licensed dietitian and a Certified Diabetes Educator practicing in Broward County, Florida. Dr. Toiba received her PhD degree in Biology from Tel-Aviv University, Israel and has over 12 years experience in clinical nutrition and diabetes, working with adults, children and high-risk pregnant women.

She has worked as an Adjunct Professor of Nutrition at Florida International University and Barry University, and currently is a guest lecturer at different community Diabetes Programs.

Dr. Toiba has just completed her MBA degree in Healthcare Administration at Nova-Southeastern University, Florida.

As the owner of her own business – Dr. Ruth Diabetes Watchers, Inc. she has been offering Diabetes Review classes for healthcare professionals, which are held every six months. The personal attention, unique teaching methods and most up-to-date information are providing an excellent learning experience for attendees.

Overview & Audience

This Program is designed for RNs, RDs, ARNPs, PAs and Pharmacists that want to learn and apply new information and methods in diabetes management and education. This program is an excellent review for the CDE Exam.

Program Objectives

1. Describe the major processes in Pathophysiology of Diabetes Mellitus.
2. Explain the principles of diabetes education – teaching / learning.
3. Describe the clinical presentation and management of:
 - a. The metabolic syndrome
 - b. Type1 Diabetes
 - c. Type 2 diabetes
 - d. Diabetes during pregnancy.
4. Name and explain the acute and chronic complication of diabetes.
5. Describe type and action of Diabetes Medications.
6. Discuss the principles of nutrition management and physical activity with diabetes:
 - a. Name exchange lists and explain their use
 - b. Describe principles of carbohydrate counting and their application in nutrition management.
 - c. Name the benefits and guidelines for exercise with diabetes.
7. Explain and demonstrate Self Monitoring of Blood Glucose (SMBG).

Continuing Education

20.0 Total Hours of Education
Approved by CE Broker for RN's, PA's,
ARNP's, and Pharmacists; by
Commission on Dietetic Registration
(CDR) for RD's and LD/N's, and by
AAPA for PAs.

DIABETES REVIEW for Health Care Professionals Comprehensive Education Curriculum



April 19-21, 2012

Institute of Food and Agricultural
Sciences Hurricane Model Home.
3205 SW College Avenue,
Davie, FL 33314.

The building is located in the rear of the
parking lot.

For directions go to

www.FLREC.IFAS.UFL.edu

Professional Education Resources
www.drruthdiabeteswatchers.com

REGISTRATION FORM

Payment To: (Send Check or Money Order Payable to Dr. Ruth Diabetes Watchers)

Mail: Dr. Ruth Diabetes Watchers, Inc,
5650 Peppertree Cir. W.
Davie, FL. 33314
Fax: (With C.C. Info.) - 954-321-5575
Phone: Ruth Toiba
954-850-1452
Email: milau3@hotmail.com

NAME / CREDENTIALS

TITLE

ORGANIZATION

ADDRESS

CITY STATE ZIP

PHONE NUMBER:

E-MAIL ADDRESS

PAYMENT (DO NOT SEND CASH)
 CHECK MONEY ORDER
 CREDIT CARD

_____ Exp ____/____

SIGNATURE

Program Content

**Day 1:
(6.5 CEUs)**

Registration 7:30-8:00

Monitoring 8:00-10:00

Break/Exhibits 10:00-10:15

**Pathophysiology of Diabetes/
Metabolic Syndrome
10:15-12:30**

Lunch Break 12:30-1:30

**Acute Complications
Hypoglycemic/Hyperglycemic
Emergencies/ case studies
1:30-3:30**

Break 3:30-3:45

**Principles/Behavior Change
Strategies 3:45-4:45**

**Day 2:
(6.5 CEUs)**

Registration 7:30-8:00

**Medical Nutrition Therapy(MNT)
8:00-9:15**

**Split session: 9:15-10:30
MNT – RN’s, PharmD’s, PAs
DM Device Skills – RD’s**

Break/Exhibits 10:30-10:45

**Medications:
Oral 10:45-12:15**

Lunch Break 12:15-1:15

Insulin 1:15-2:45

Break 2:45-3:00

Insulin Pumps 3:00-3:45

**Pattern Mgmt. – Case Studies
3:45-4:45**

**Day 3:
(7.0 CEUs)**

Registration 7:30-8:00

**Diabetes in Lifecycle:
Diabetes During Pregnancy
8:00-9:15**

Exercise 9:15-10:15

Break/Exhibits 10:15-10:30

**Diabetes In Pediatric
Population 10:30-11:45**

Elders w/Diabetes 11:45-12:30

Lunch/Exhibits 12:30-1:30

Key Studies in DM 1:30-2:30

Break 2:30-2:45

**Chronic Complications
Heart Disease, Neuropathy
Nephropathy, Retinopathy
2:45-4:30**

**Closing Remarks and
Evaluation – Adjourn 4:30-4:45**